

Walking Archetypes for Empowerment, Leadership and Vital teams

Steyerberg, April 6 and 7.

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A two-day workshop about and discovering and awakening the Archetypes of the Self and using Archetypes to create vital teams, using Walking in your Shoes.

Walking the Archetypes helps people retrieve innate inner resources from the depths of unconsciousness to help them deal with the challenges and transitions of adult life and find their places in the world. Archetypes are also basic vital forces in teams. We use them to create vital building blocks of teams.

Walking in your Shoes gives direct access to the felt sense or raw energy of the Archetype. In this workshop we are using the Archetypes identified by Carol Pearson (Innocent, Orphan, Warrior, Caregiver, Lover, Seeker, Creator, Destroyer, Ruler, Magician, Sage and the Fool/Jester). We are especially going to deepen insight and connect to the raw energy of the Fool, Sage, Magician and Ruler.

Healthy Archetypes also provides us with deep felt virtues and promises: the Archetypes of completion. These are for example The Divine Child, Rebirth, Enlightenment and Redemption. It is very impressive to Walk the completion Archetypes and to feel their empowering energy.

The second day of the workshop we are going to Walk the building blocks of vital teams (and organizations): building trust, using diversity and conflict, commitment, responsibility and synergie. Building these building blocks gives us insight in the undercurrent in teams and starts a proces of wholemaking in teams.

Programme of the workshop

Day 1.

Getting familiar with the archetypes and the archtypal energy.

Walking the Archetypes of the Self: Ruler, Magician, Sage and Fool.

Double walk of the archetypal pairing of Ruler and Magician, Sage and Fool

Walk The Archetypes of completion: Divine Child, Archetypal Parent, Rebirth, Promised Land, Enlightenment and Redemption

Day 2.

The building blocks of vital teams

The Archetypal lifeforces in organizations

Walk the undercurrent in teams and organizations

Goof van Amelsvoort is a WiyS facilitator from the Netherlands. He works as a consultant, executive coach and team facilitator.